



BUSINESS & PERFORMANCE COACHING

33 TALENT



We believe investing in good people is the most important move a business can make.

Wrapped around every aspect of your business, is Talent. Developing the product, delivering the service, delighting the customers: it's all about Talent.

That's our strapline, and it's your reality.

33 Talent is a Talent Consultancy that offers a range of services in 4 functional areas of the Talent journey : **Attract > Hire > Engage > Unleash Potential**

Our Coaching Practice works with your organisation to unleash the potential of your key players, fuelling them to reach higher and enjoy the journey along the way.



WHAT IS COACHING USED FOR?

Coaching is ideal for senior teams whose development can't be fulfilled by off-the-shelf training courses.

It also suits ascending managers who deserve to operate at their best and be at their most confident, creating a trickle down effect in the teams they manage.

Coaching can support group initiatives, such as Women in Business.

Business and Performance Coaching is an excellent way to provide bespoke development to your most valued Talent.

Google recently defined its top 10 Manager Behaviours. Extensive research revealed the No 1 behaviour:

“Is a Good Coach”

Source (& find out what the other 9 behaviours are)

HOW DOES COACHING COMPARE?



source: Erickson Coaching International

COACHING PANEL

Our coaching panelists are all ICF certified, the gold standard in international coaching. The ICF is the leading professional and credentialing body for Coaches worldwide, with more than 30,000 members in 140 countries.

KATHRYN WOOF

Managing Director & Professional Coach, 33 Talent

Find out more on [LinkedIn](#)

CAT MUSPRATT

Founder & Professional Coach, Cat Muspratt

Find out more on [LinkedIn](#)

NICOLA PAYNE

Founder & Professional Coach, People Savvy

Find out more on [LinkedIn](#)



“From time to time executives and managers at all levels face challenging issues with their peers or leaders. It’s wise to sometimes hesitate and seek advice on the right course of action. Nicola is a great sounding board for just those occasions. She’s astute and to the point.”

Tom Bains | CEO, EPUK Investments | United Kingdom

“After twelve years running a financially successful business, I still felt like neither my business nor I were achieving our full potential, and I couldn’t put my finger on why.

I finally decided to get a coach. I’m so glad I did and I’m so glad I chose Cat. After just a few sessions, I had a much clearer vision of what I wanted to achieve and how to get there. Critically, Cat helped me to become a more authentic leader.

As a result, I now have a happier and more motivated team and I feel much more confident and fulfilled at the helm”

Freya Giles | Owner, The Giles Agency | Hong Kong

COACHING FOR YOUR TEAM

1:1 COACHING

This is best for someone who is stepping into a new level, or craves new action in their current role. 1:1 coaching is a very personal experience that creates inner transformation.

GROUP COACHING

Group coaching works for teams that are eager to push their ambitions as a group. Excellent engagement tool for Groups that are being nurtured. Typical areas for Group coaching include team values, culture, team purpose, working on shared group challenges.

WHAT AREAS COULD WE COVER?

- Goal Setting
- Building Self Awareness
- Tackling Challenges that Arise
- Breaking Bad Habits, Forming Good Habits
- Shifting Mindsets
- Opening Opportunities
- Accomplishing Wins
- Amplify Learnings
- Measuring the Change/Results





A COACHING CULTURE

TRAINING WORKSHOP

This is for any manager who wishes to bring a coaching culture into their organisation, and create a trickle down effect

WHAT AREAS COULD WE COVER?

- During a half day workshop you'll learn the skills of coaching and how to weave them into current workflow.
- You'll also receive tools and frameworks to take forward into your coaching delivery.
- There will then be three 1:1 follow up sessions for each attendee, to carry the learning forward on a more personal basis.



OPTIONS	1:1 COACHING	GROUP COACHING	TRAINING WORKSHOP
PACKAGE	2x Coaching Sessions per month. Each session lasts 60 minutes.	2x Coaching Sessions per month. Each session typically lasts 90 minutes.	Half day workshop 3 X 1:1 follow up sessions for 5 attendees.
COST	\$1000-1500/month per person	\$2500-3750/month per group	\$10,000 for workshop \$9000 for follow up sessions
TERMS	<ul style="list-style-type: none">- minimum 3 months per person- discounts available for volume bookings	<ul style="list-style-type: none">- minimum 3 months per group- price may vary depending on Group size	<ul style="list-style-type: none">- max 5 people to take part in the follow up sessions- each follow up session lasts 60 minutes

CONTACT US

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